# Athletics





### Fall Season 2021

## COACHES

FOOTBALL - MR. MCFARLAND AND MR. HIGH

CROSS COUNTRY - MR. DAVID COOPER, MR. SCHMIDT, MRS. SALOMONSON, AND MRS. GUSTAFSON

GIRLS VOLLEYBALL - MRS. TAFOYA AND MS. BETHEL

#### PRACTICES:

- HAVE FUN
- HUSTLE OUT TO PRACTICE AND BE READY TO GO
- STAY HYDRATED ALL DAY
- WEAR THE PROPER CLOTHING
- HAVE WHATEVER YOU NEED TO PRACTICE EACH DAY. IT IS NOT YOUR PARENTS RESPONSIBILITY.
- NO BROTHERS, SISTERS, COUSINS, AUNTS, UNCLES CAN STAY AT SCHOOL WHILE AN ATHLETE IS PRACTICING.
- NO FANS ON CAMPUS WHILE THERE IS PRACTICE.

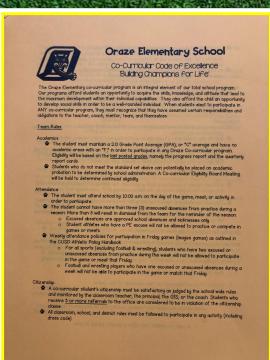
#### HOW DO I SIGN MY CHILD UP FOR SPORTS

PERMISSION CLICK: https://permission.click/8WQwG/us

ALL FAMILIES WHO HAVE 4TH THROUGH 6TH GRADERS SHOULD HAVE

RECEIVED AN EMAIL/TEXT WITH THE LINK. IF YOU DIDN'T RECEIVE AN EMAIL/TEXT PLEASE CHECK TO MAKE SURE YOU HAVE A CELL PHONE LISTED AS THE FIRST NUMBER.

#### ORAZE ELEMENTARY CODE OF EXCELLENCE



STUDENTS AND TEACHERS WILL GO OVER THIS DOCUMENT IN CLASS.

YOUR CHILD NEEDS TO SIGN IT AND SO DOES A PARENT. THE LAST PAGE NEEDS TO BE RETURNED TO THEIR TEACHER TO PLAY SPORTS.

THE DEADLINE TO TURN THIS FORM IN IS AUGUST 24TH. IF THE ATHLETE HAS NOT TURNED IN THEIR FORM THEY WILL NOT BE ABLE TO PRACTICE UNTIL IT IS.

#### EXAMPLES TO AVOID:

#### **Undesirable Parent Behaviors**

- · Rage
- Abusive
- Over-involved
- Pushy
- · Living vicariously through child
- · Overly critical
- · Yelling (players, coach, officials)
- · Competing with other parents
- · Selfish dreaming
- · Too serious
- Not involved
- Bragging



#### BOUNDARIES IN TEAM SPORTS



- YOUNG AND OLD EYES ARE WATCHING SET A GREAT EXAMPLE
- PLEASE ALLOW COACHES TO COACH. PLEASE DO NOT COACH YOUR KIDS DURING THE GAMES.
- PARENTS ARE TO STAY IN THE ASSIGNED PARENT AREA.
- ATHLETES MUST STAY WITH THE TEAM AT ALL TIME. (NOT IN THE STANDS)
- PLEASE DO NOT TAKE OR TRY TO SIGN OUT THE ATHLETE UNTIL THE GAME IS COMPLETELY OVER.

#### PARENT CONDUCT

- CHEER FOR EVERYONE
- IF YOU CAN'T BE POSITIVE PLEASE STEP AWAY
- THINGS AREN'T ALWAYS GOING TO GO YOUR WAY
- THERE ARE PROTOCOLS THAT HAVE TO BE FOLLOWED
- IF WE ASK YOU TO SETTLE DOWN PLEASE DO SO
- PLEASE BE RESPECTFUL TO EVERYONE
- WAIT AT LEAST 24 HOURS TO SPEAK TO THE COACH, IF YOU ARE NOT HAPPY WITH THE COACH PLEASE SPEAK TO MRS. MOORHEAD. IF YOU ARE NOT HAPPY WITH WHAT I HAVE TO SAY. WE CAN MAKE AN APPOINTMENT WITH MRS. SNYDER.

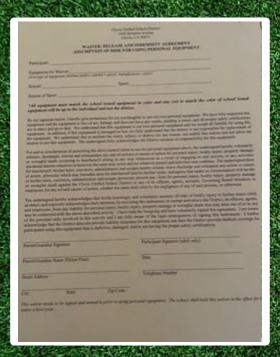
#### GRADES

#### STUDENT FIRST THEN ATHLETE

- NO F'S
- GPA MUST BE AT LEAST 2.0 OR HIGHER
- THEY MUST MAKE UP ALL WORK AND TESTS BEFORE THEY CAN RETURN TO THE TEAM AND PRACTICE.



#### EQUIPMENT RELEASE FORM



IF A PLAYER IS USING A HELMET, PADS, MOUTH PIECE, OR ANY OTHER PIECE OF SAFETY EQUIPMENT THAT IS NOT PROVIDED BY THE SCHOOL.

SPECIAL NOTE:

THE HELMET MUST MATCH THE SCHOOLS WITH NO DECALS ON IT.

PLAYERS WILL BE ABLE TO GET THIS FORM FROM THEIR COACH

#### ATTENDANCE

- A STUDENT MUST ATTEND AT LEAST 2 PRACTICES
  A WEEK IN ORDER TO BE ELIGIBLE TO PLAY IN
  FRIDAY'S GAME.
- IF YOUR CHILD IS GOING TO BE ABSENT IT IS THEIR RESPONSIBILITY TO LET THE COACH KNOW.
- EVEN IF A PLAYER IS INJURED THE PLAYER MUST STILL COME TO PRACTICE UNLESS EXCUSED BY THE COACH.

#### FALL SEASON IS AUGUST 16, 2021 - OCTOBER 22, 2021

#### SPECIAL EVENTS:

FOOTBALL CARNIVAL: SATURDAY, AUGUST 28TH - 8:45AM AT LAMONICA STADIUM (SCHEDULE AND TIMES TBD CROSS COUNTRY - THURSDAY, SEPTEMBER 2ND (CLOVIS EAST AREA INVITATIONAL) 11:00 - 1:00 @ CLOVIS EAST VOLLEYBALL TOURNAMENT: AS OF RIGHT NOW THERE WILL NOT BE A TOURNAMENT BUT THIS COULD CHANGE

#### FOOTBALL, VOLLEYBALL, AND CROSS COUNTRY:

FRIDAY SEPTEMBER 10TH - ORAZE @ YOUNG

FRIDAY, SEPTEMBER 17TH - TK @ ORAZE

FRIDAY, SEPTEMBER 24TH - ORAZE @ BORIS

FRIDAY, OCTOBER 1ST - ORAZE @ FREEDOM

FRIDAY, OCTOBER 8TH - FC @ ORAZE

FRIDAY, OCTOBER 15TH - MIRAMONTE @ ORAZE

FALL DISTRICT CHAMPIONSHIPS THURSDAY, OCTOBER 21 @ VETERANS MEMORIAL STADIUM FALL CROSS AREA GAMES ARE FRIDAY, OCTOBER 22ND

PRACTICES ARE FROM 3:15 TO 4:15

#### GAMEDAY TIMES

Cross Country Girls 4th GRADE 2:00.

Boys 4TH GRADE after 4th grade girls finish

Girls 5th and 6th Grade after 4th grade boys finish

Boys 5th and 6th Grade after 5 AND 6 grade girls finish

Football Varsity 2:00

Football JV after Varsity Football Game 3:15 will be the earliest

Girls Volleyball Varsity 2:00

Girls Volleyball JV 3:15 (I am trying to get this adjusted otherwise you cannot start until 3:15 no matter what)

ALL GAMES WILL BE STOPPED BY 4:15

#### ELEMENTARY NIGHT:

FOOTBALL: FRIDAY, SEPTEMBER 17, 2021

GIRLS VOLLEYBALL: TUESDAY, SEPTEMBER 7, 2021 (INDOORS ALL FANS MUST WEAR A MASK)

PICTURES: FRIDAY, OCTOBER 8, 2021

AWARDS DATE: FRIDAY, NOVEMBER 25, 2021

#### WATER BOTTLE

PLEASE MAKE SURE YOUR ATHLETE HAS A WATER BOTTLE FOR DRINKS. WE WILL HAVE FILLING STATIONS WITH WATER BUT THEIR MOUTHS CANNOT GO ANYWHERE NEAR IT.





OR



#### UNIFORMS:

PLEASE TAKE CARE OF THE UNIFORMS:

DO NOT PUT FOOTBALL JERSEYS, CROSS COUNTRY UNIFORMS, OR VOLLEYBALL UNIFORMS IN THE DRYER.

PLEASE MAKE SURE THERE ARE NO STICKERS ON THE CROSS COUNTRY TOP.

UNIFORMS MUST BE RETURNED DURING THE WEEK OF OCTOBER 25TH THROUGH OCTOBER 28TH OR THEY WILL NOT BE ELIGIBLE TO PLAY WINTER SPORTS. Coaches what do kids need to play their sport?

Cross Country:

Football:

Girls Volleyball:

#### HAVE FUN AND BE PROUD

# BEARCATS ARE CHAMPIONS FOR LIFE