



ORAZE ELEMENTARY

Weekly Calendar



"Building Champions for Life"

3468 N. Armstrong Ave. Fresno CA 93727

Phone (559) 327-1700 FAX: (559) 327-1790 Attendance: (559) 327-1788

Sara McAvoy, Principal Jaclyn Russell, GIS Senior

WEEK of November 13th , 2023

If it were easy, everyone would do it. The hard is what makes it great!

Bearcat Champions R.O.A.R.

RESPECTFUL ON TASK ACHIEVEMENT RESPONSIBLE

Monday 11/13	Tuesday 11/14	Wednesday 11/15	Thursday 11/16	Friday 11/17
Winter Sports Practice 3-4 Folklorico 3-4:15 PTC Meeting 6:00	PAC Meeting 12:10 Art Guild 3-4 Winter Sports Practice 3-4 Wrestling Pictures	Early Release AM Kinder: 10:30 PM Kinder: 1:15 1 st -6 th : 1:15 Multicultural Club 1:30 Comp Cheer/Pep- 3-5 Game Cheer- 4-5	Snack Shack Science Team 3-4 Game Day @ Oraze	Harvest Celebrations

LUNCH SCHEDULE: 1st & 2nd 11:10- 12:00

3rd & 4th 11:40-12:30

5th and 6th 12:10- 1:00

Chicken Tenders OR Mac N Cheese	Taco Boat OR Grilled Cheese	Chicken Patty OR Cheese Pizza	Turkey Gravy OR Cheese Pull Apart Bread	Pizza Pocket OR Soft Pretzel
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Important Dates

11/18-11/26.....	Thanksgiving Break
11/27.....	Return from Break
11/29-12/1.....	Grade 6 in Sonora
12/5.....	Game Day @ Young
12/8.....	Mother Son Event
12/11.....	Athletics @ Miramonte
12/12.....	Winter Wonderland Pictures
12/13.....	Winter Concert Grades 1 & 2
12/15.....	Student Movie Night
12/15.....	Athletics@ Fancher Creek
12/18.....	SART/SSC/ELAC
12/18.....	Folklorico Holiday Performance
12/20.....	Mac N Kids/IDAC
12/21.....	TK/K Winter Program
12/21.....	Game Day @ Oraze
12/22.....	NO SCHOOL

Positivity Project: GRATITUDE

This week our school community will be focusing on the character strength of **Gratitude**. Gratitude means you are aware of and thankful for good things that happen. Gratitude is the quality of feelings and expressing thankfulness and appreciation. It is an affirmation that there is goodness in other people and the world and that we have received that goodness. People with the strength of gratitude have a readiness to show appreciation for kindness and also to return kindness. A leading expert, Robert Emmons, calls gratitude a "relationship-strengthening emotion because it requires us to see how we've been supported and affirmed by other people." Out of all 24 character strengths, gratitude is the single best predictor of individual well-being. It is correlated with increased energy, empathy, happiness and optimism. And, the great thing about gratitude is that it can be intentionally cultivated. Numerous studies have concluded that gratitude is like a muscle. The more you practice it, the stronger it gets -- and the more you're able to reap its benefits.